

SPLINTING GUIDE

Mid-shaft Humerus Fractures: Coaptation Splint or Cuff and Collar

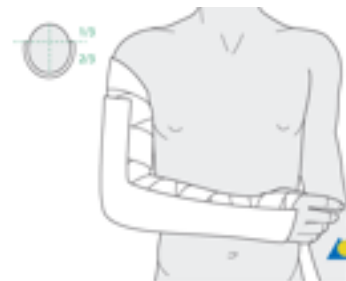


Cuff and collar

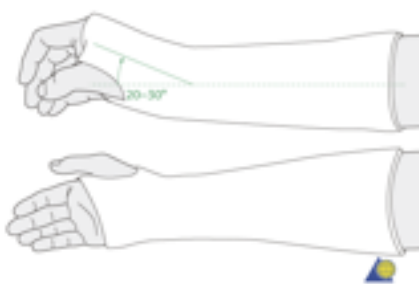


Coaptation Splint

Elbow Fractures: Posterior log arm splinting sight extension



Distal Radius Fractures: Single sugar tong or occasionally double sugar tong for highly unstable fractures



Single Sugar Tong



Double Sugar Tong

Isolated Ulnar Fractures: Ulnar gutter

3,4,5 Metacarpal Fractures: Ulnar gutter to mid-palm or 1st digit

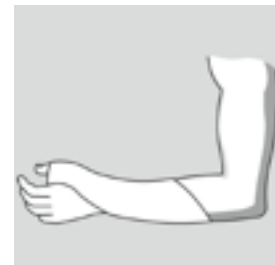


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1,2 Metacarpal Fractures: Radial gutter

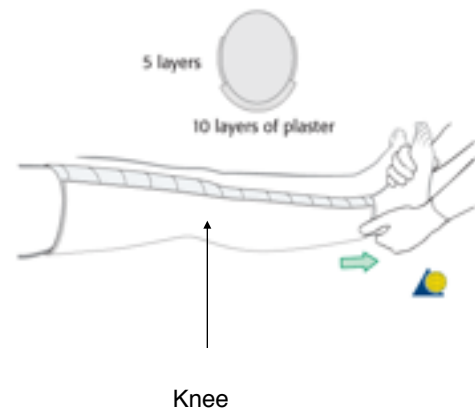


Scaphoid Pain or Scaphoid Fracture: Thumb spica



Femur Fracture: Ideal is traction, if not long leg posterior splint

Fractures at the Knee, Distal Femur or Proximal Tibia: Long leg posterior



Mid-shaft Tib-Fib fractures, Isolated Tibial Fractures, Ankle Fractures: Three way short leg splint.

